



5th Annual CPES Puma Pounce 5K and 1.5K Fun Run May 19, 2012 @ 8:30 AM

All proceeds will benefit students at CPES

TIME: Race starts promptly at 8:30 AM in front of CPES
Same day registration is from 7:00 AM-8:00 AM

COST: \$20 if registration is received by 4/6/2012
\$25 after 4/6/2012 until race day

Prizes will be given for overall winners in various age groups in the 5K race AND fabulous raffle prizes and refreshments after the race for all!!!

Course Info: The course will start and end at CPES. View the virtual map at:
www.usatf.org/routes/view.asp?rID=268768



Questions???
Call Michele Mezher
@ 703-815-5081 or e-mail
PumaPounce5K@yahoo.com

All registrations received by April 6 are guaranteed a race t-shirt & goodie bag

FUN, FOOD and PRIZES



Additional Donations

If you make a donation toward the CPES PTA General Fund of \$50 or more we will print **your name** on the back of our race t-shirt
Name for t-shirt: _____
Donation Amount: _____

YES! I am Interested in volunteering on race day!

Name _____
Phone Number _____
Email _____



Race Entry Form

Circle One each please:

Name _____

Gender: Male Female

Address _____

Age: 12 & U 13-20 21-30
41-50 51-60 60+

Phone Number and or Email _____

T-Shirt Sizes: Youth L
Adult: S M L XL

Teacher and Grade (If CPES Student) _____

Race: 5K or 1.5 Mile

Submit this Form along with Entry Fee (made payable to CPES PTA Puma Pounce) to either your CPES Teacher or by mail to:
Puma Pounce Race
c/o Colin Powell Elementary School
13340 Leland Road
Centerville, VA 20120

Waiver: I assume all risk associated with participating in this event including but not limited to: falls, contact with other participants, the effects of weather, including heat and/or humidity, traffic and the conditions of the course. All such risks are known and appreciated by me. I waive and release the organizers of the "Puma Pounce" and CPES from all claims and liabilities of any kind arising out of my participation in this event.

Signature of Applicant or Parent/Guardian if under 18

Date